

# TOUR DE FRANCE 2026 - 21 Etapes

- Étape 1 04/07 19 km Barcelone > Barcelone
- Étape 2 05/07 182 km Tarragone > Barcelone
- Étape 3 06/07 196 km Granollers > Les Angles
- Étape 4 07/07 182 km Carcassonne > Foix
- Étape 5 08/07 158 km Lannemezan > Pau
- Étape 6 09/07 186 km Pau > Gavarnie-Gèdre
- Étape 7 10/07 175 km Hagetmau > Bordeaux
- Étape 8 11/07 182 km Périgueux > Bergerac
- Étape 9 12/07 185 km Malemort > Ussel
- Repos 13/07 Cantal
- Étape 10 14/07 167 km Aurillac > Le Lioran
- Étape 11 15/07 161 km Vichy > Nevers
- Étape 12 16/07 181 km Circuit Nevers Magny-Cours >  
Chalon-sur-Saône
- Étape 13 17/07 205 km Dole > Belfort
- Étape 14 18/07 155 km Mulhouse > Le Markstein Fellingring
- Étape 15 19/07 184 km Champagnole > Plateau de Solaison
- Repos 20/07 Haute-savoie
- Étape 16 21/07 26 km Évian-les-Bains > Thonon-les-Bains
- Étape 17 22/07 175 km Chambéry > Voiron
- Étape 18 23/07 185 km Voiron > Orcières-Merlette
- Étape 19 24/07 128 km Gap > Alpe d'Huez
- Étape 20 25/07 171 km Le Bourg d'Oisans > Alpe d'Huez
- Étape 21 26/07 130 km Thoiry > Paris Champs-Élysées









## 23 Equipes

- Alpecin-Premier Tech Alpecin-Premier Tech
- Bahrain Victorious Bahrain Victorious
- Decathlon CMA CGM Team Decathlon CMA CGM Team
- EF Education - Easypost EF Education - Easypost
- Groupama-FDJ United Groupama-FDJ United
- Netcompany Ineos Netcompany Ineos
- Lidl-Trek Lidl-Trek
- Lotto Intermarché Lotto Intermarché
- Movistar Team Movistar Team
- NSN Cycling Team NSN Cycling Team
- Red Bull - BORA - hansgrohe Red Bull - BORA - hansgrohe
- Soudal Quick-Step Soudal Quick-Step
- Team Jayco AlUla Team Jayco AlUla
- Team Picnic PostNL Team Picnic PostNL
- Team Visma | Lease a Bike Team Visma | Lease a Bike
- UAE Team Emirates XRG UAE Team Emirates XRG
- Uno-X Mobility Uno-X Mobility
- XDS Astana Team XDS Astana Team
- Pinarello-Q.36.5 Pro Cycling Team Pinarello-Q.36.5 Pro Cycling Team
- Tudor Pro Cycling Team Tudor Pro Cycling Team
- Cofidis Cofidis
- TotalEnergies TotalEnergies
- Caja Rural-Seguros RGA

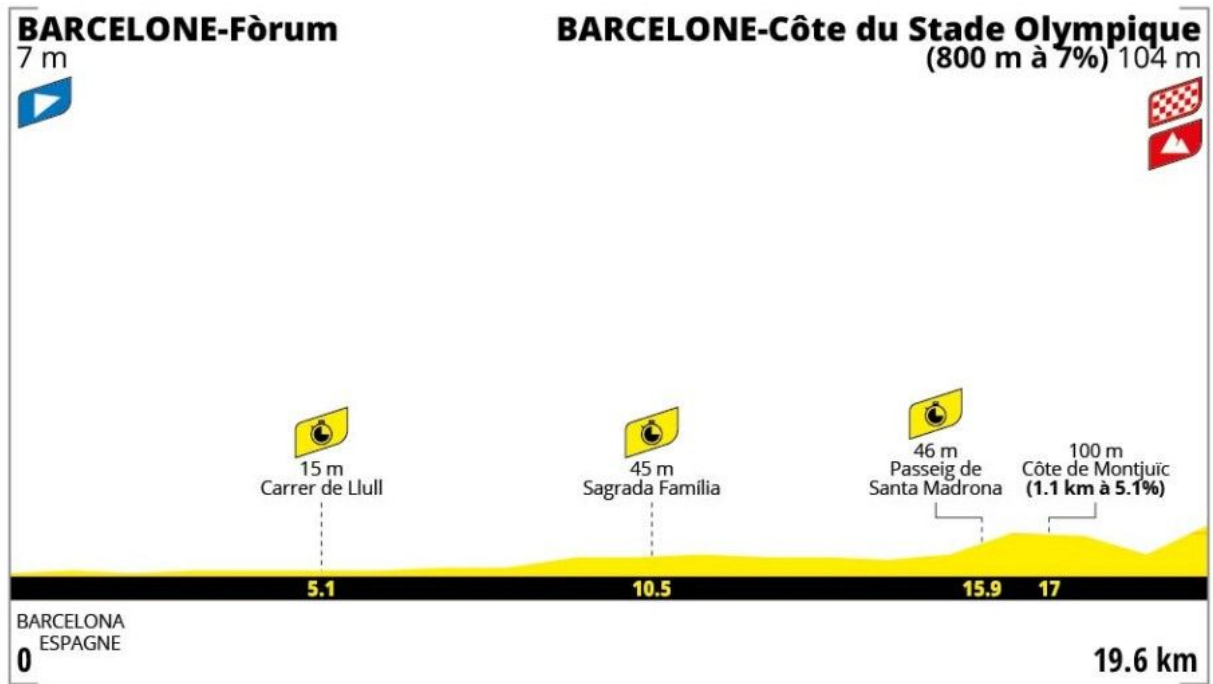
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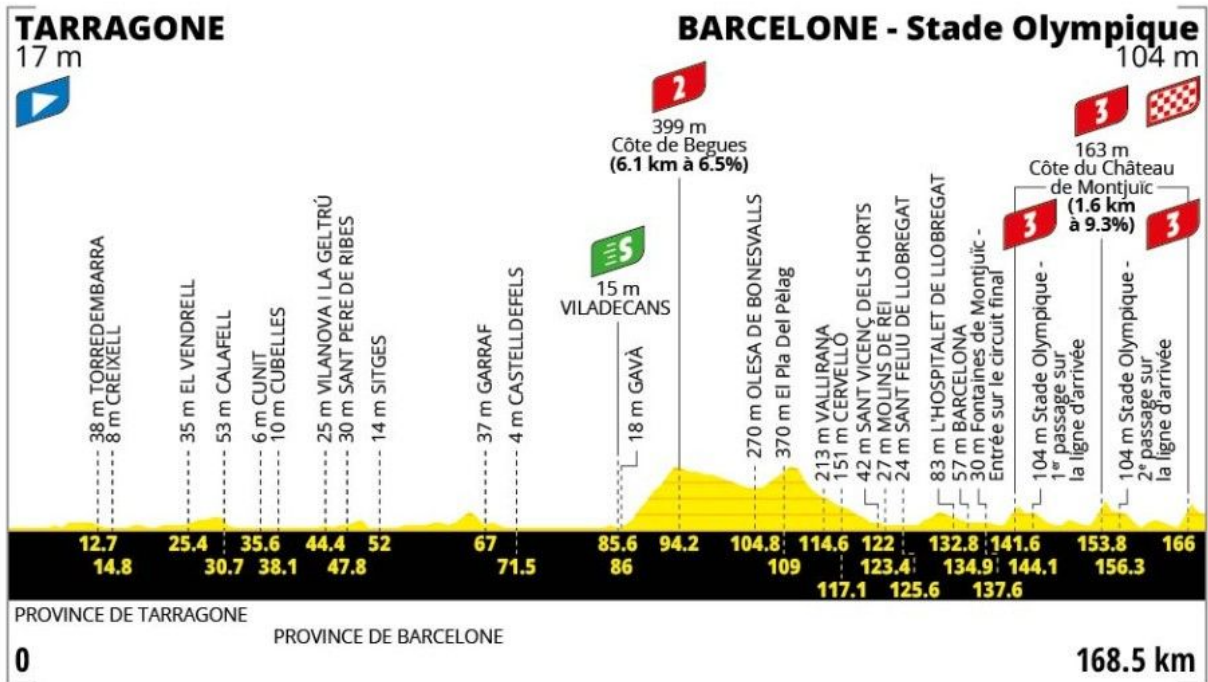
**LÉGENDE / THE KEY**

- |   |   |   |   |
|---|---|---|---|
|  | <b>Grand Départ</b><br>Race Start                   |  | <b>Arrivée finale</b><br>Race finish              |
|  | <b>Ville ou site départ</b><br>Start town or site   |  | <b>Étape en ligne</b><br>Stage                    |
|  | <b>Ville ou site arrivée</b><br>Finish town or site |  | <b>C.l.m. individuel</b><br>Individual time trial |
|  | <b>Repos</b><br>Rest day                            |  | <b>C.l.m. par équipe</b><br>Team time trial       |

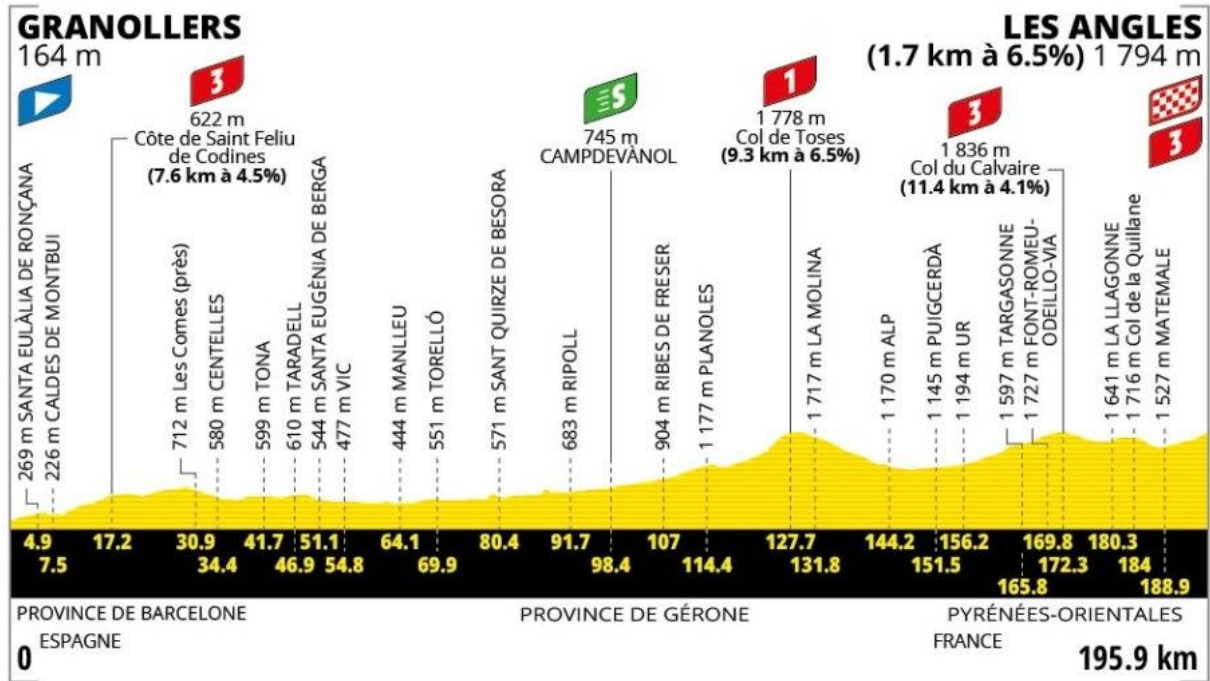
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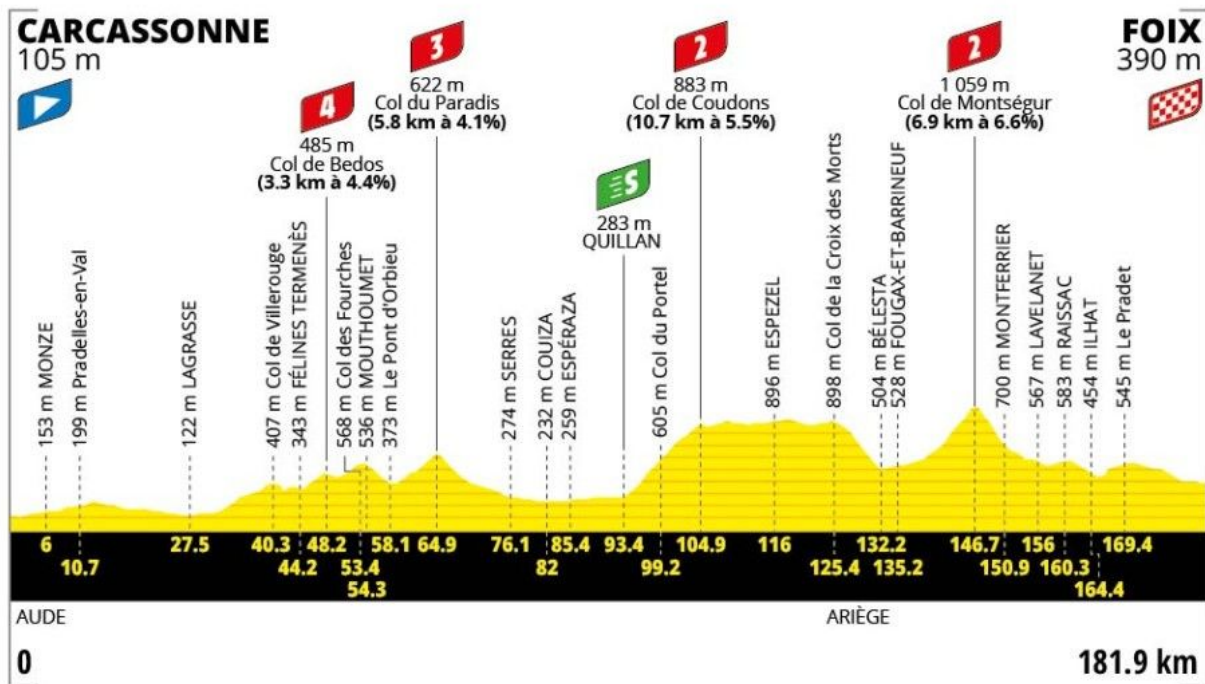
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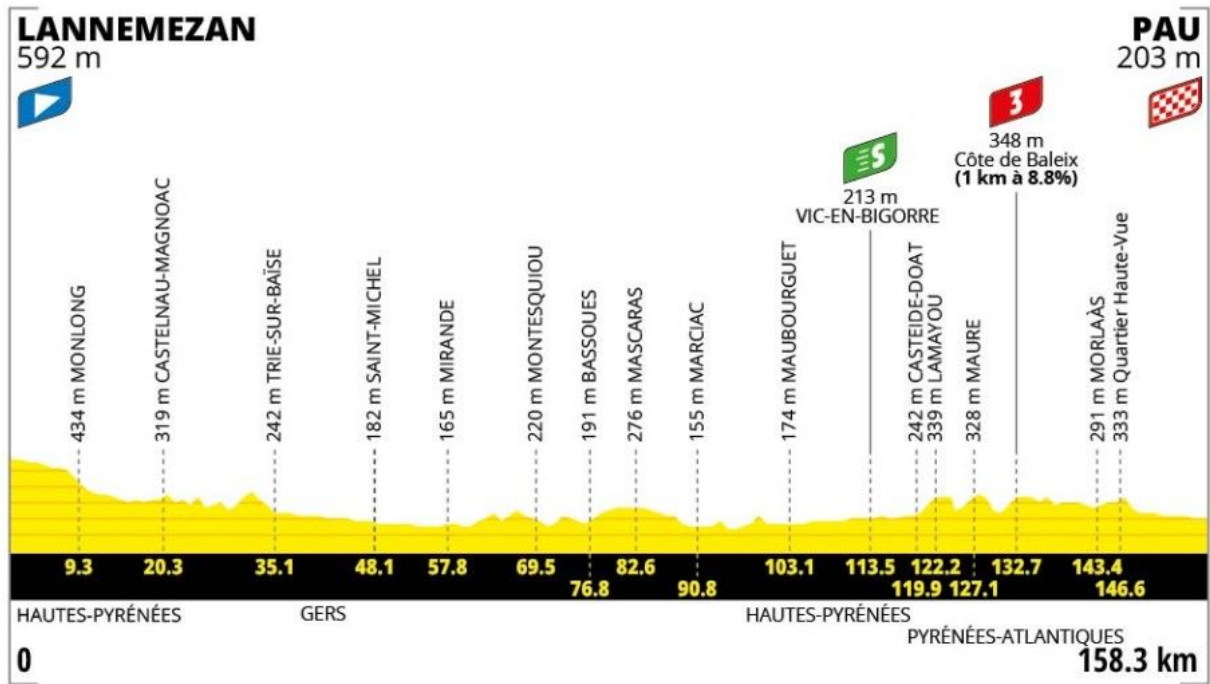
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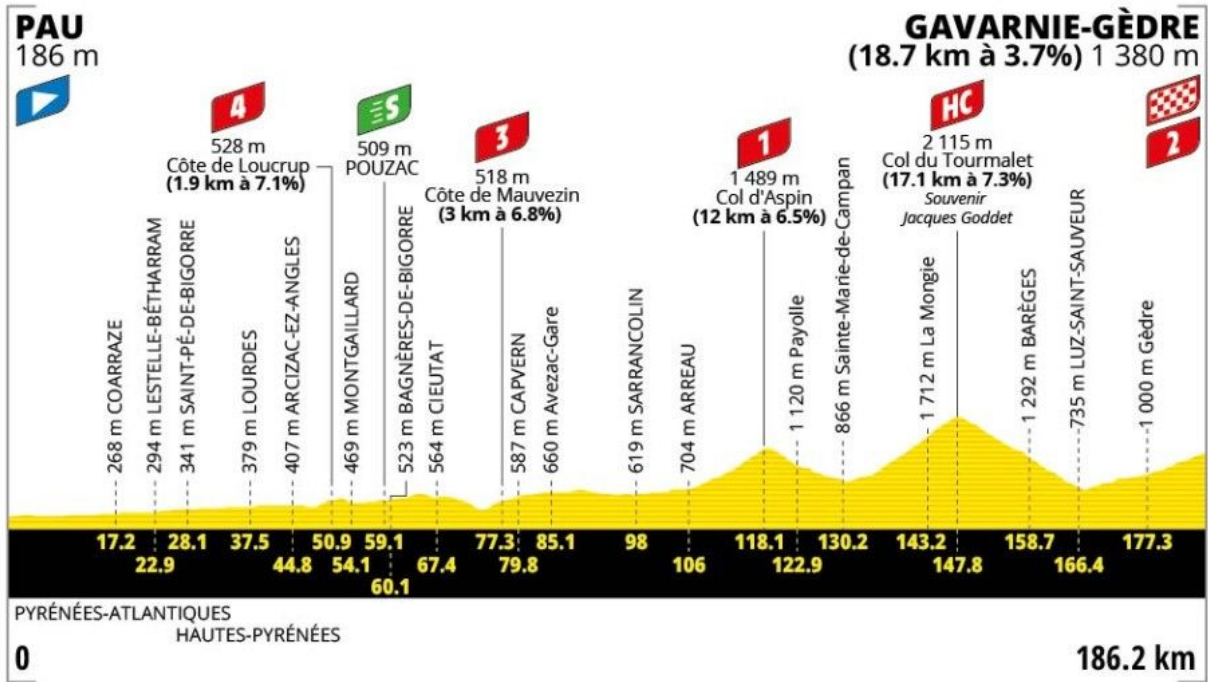
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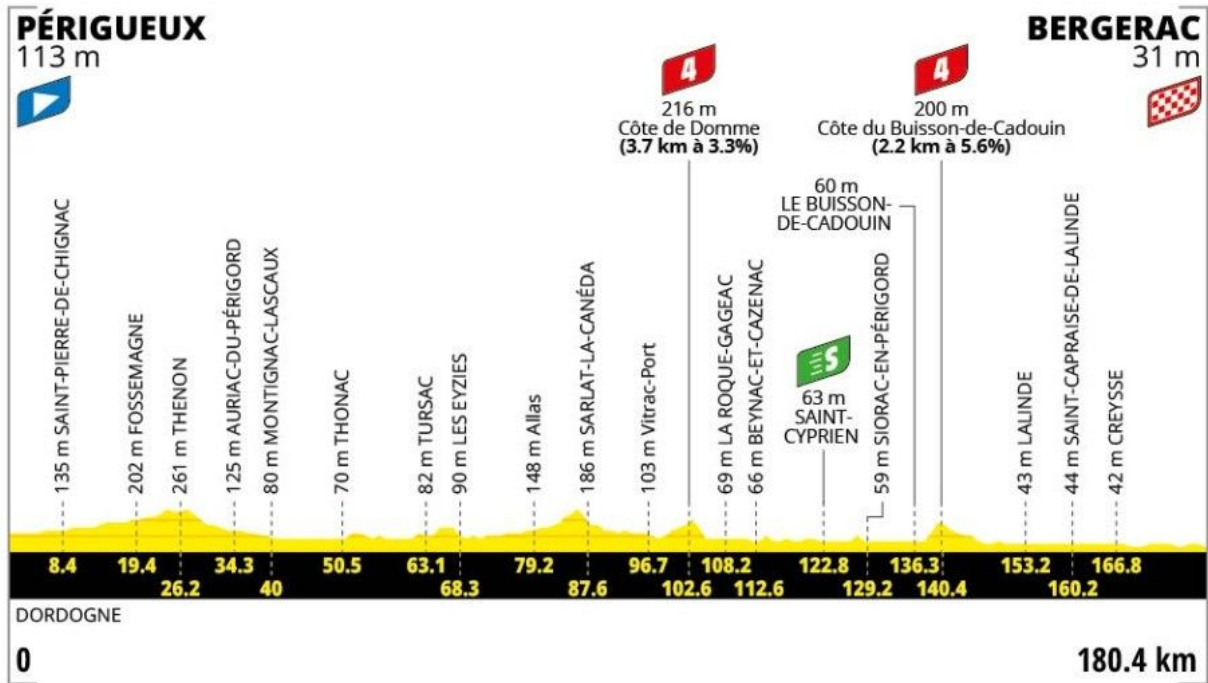
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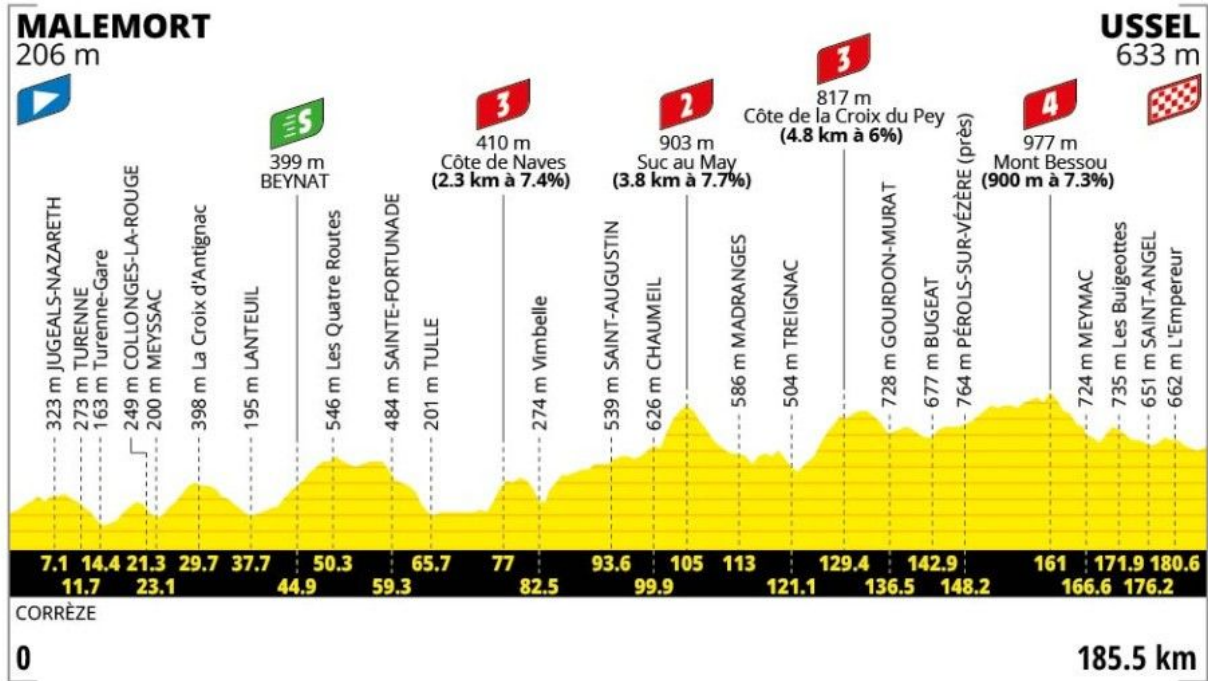
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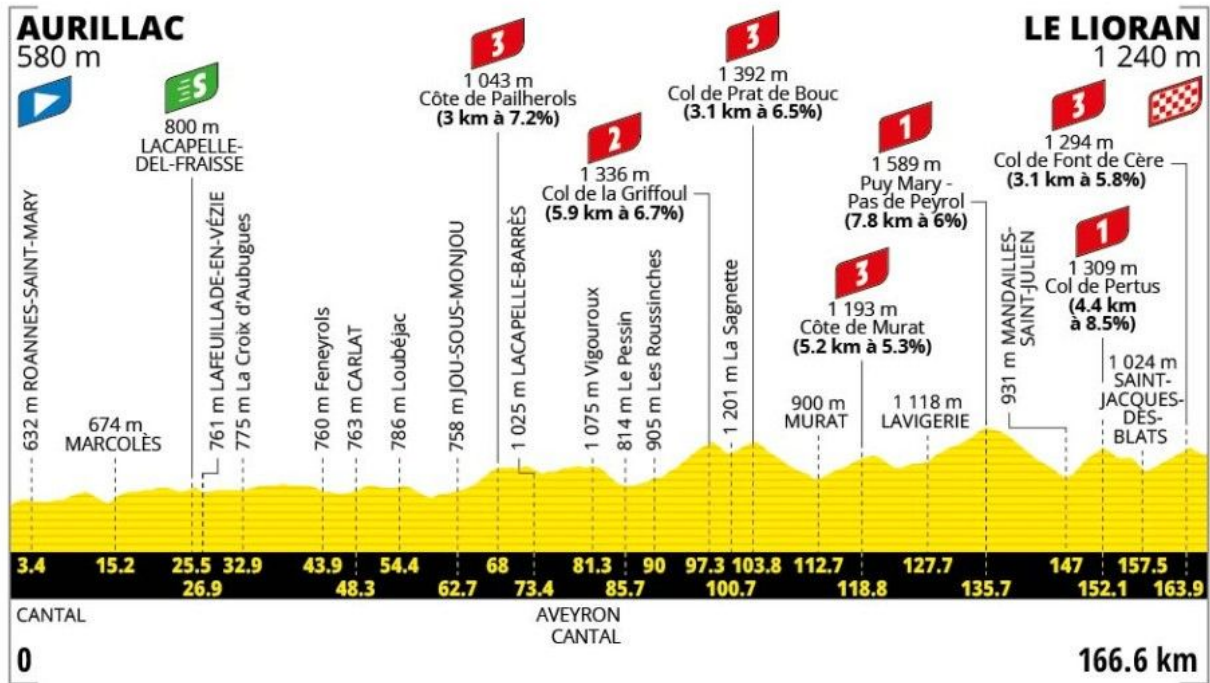
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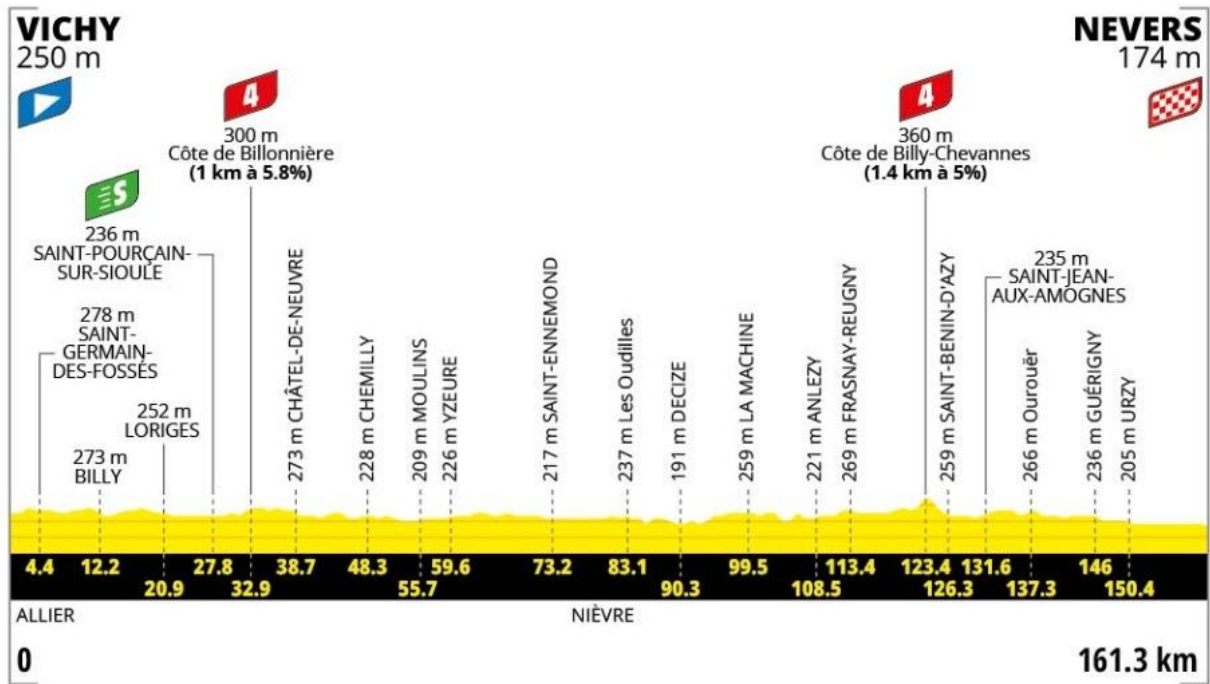
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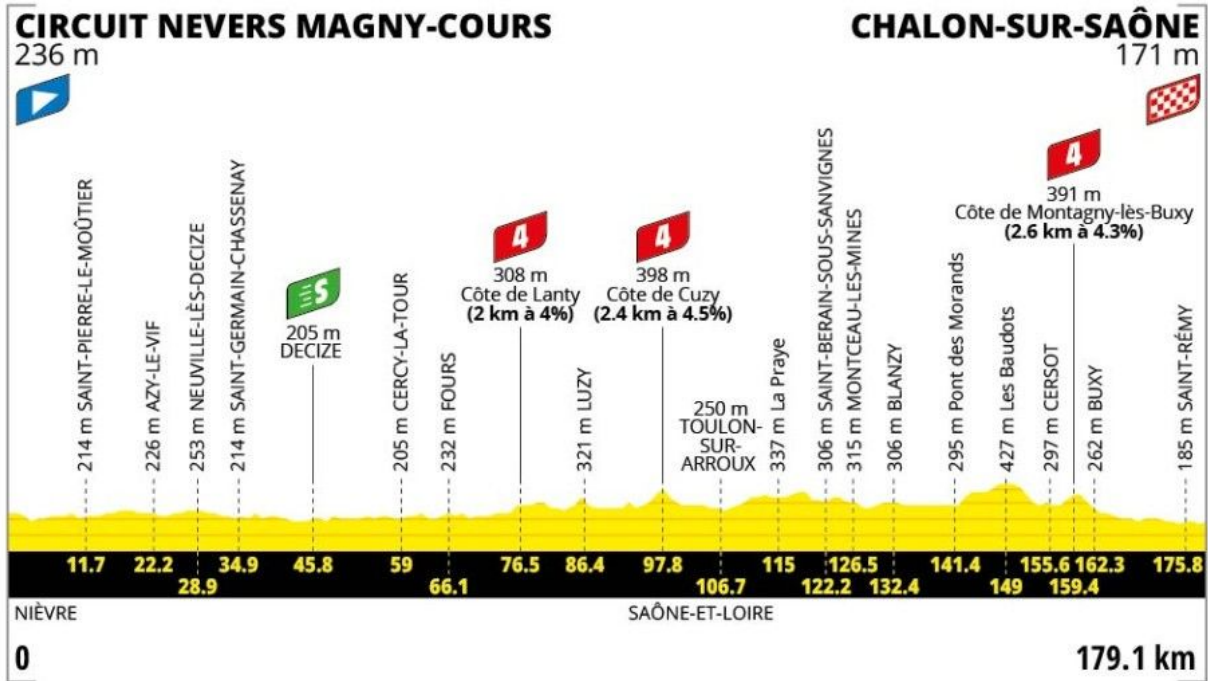
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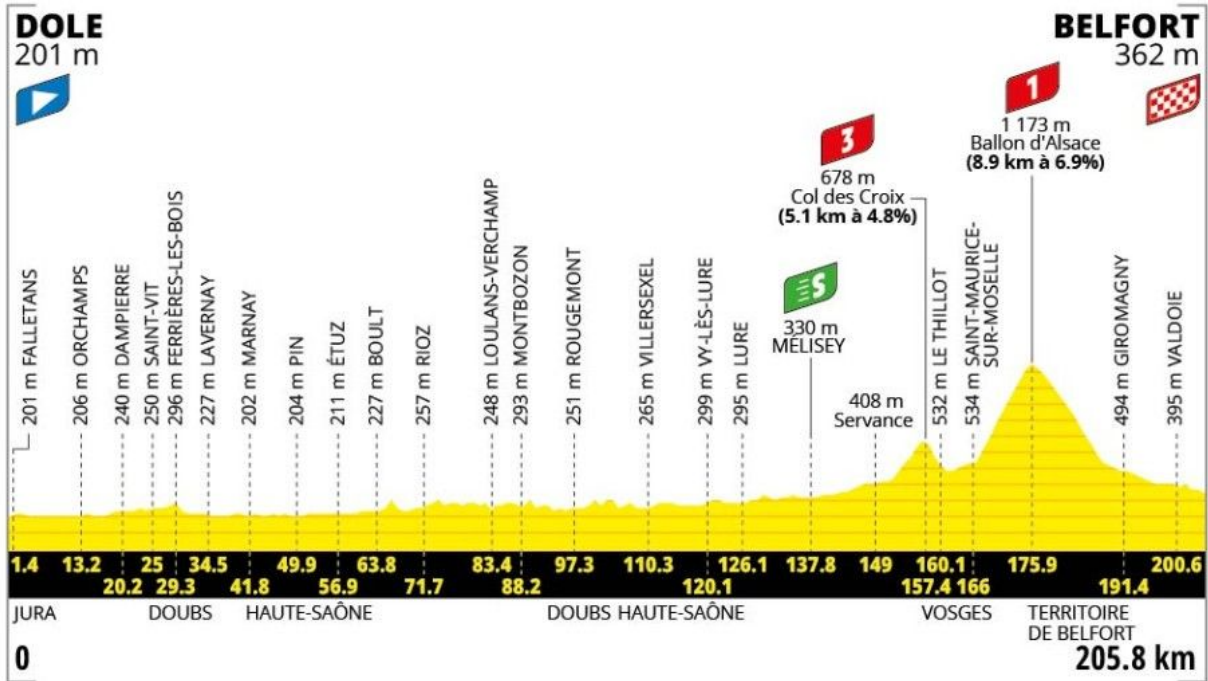
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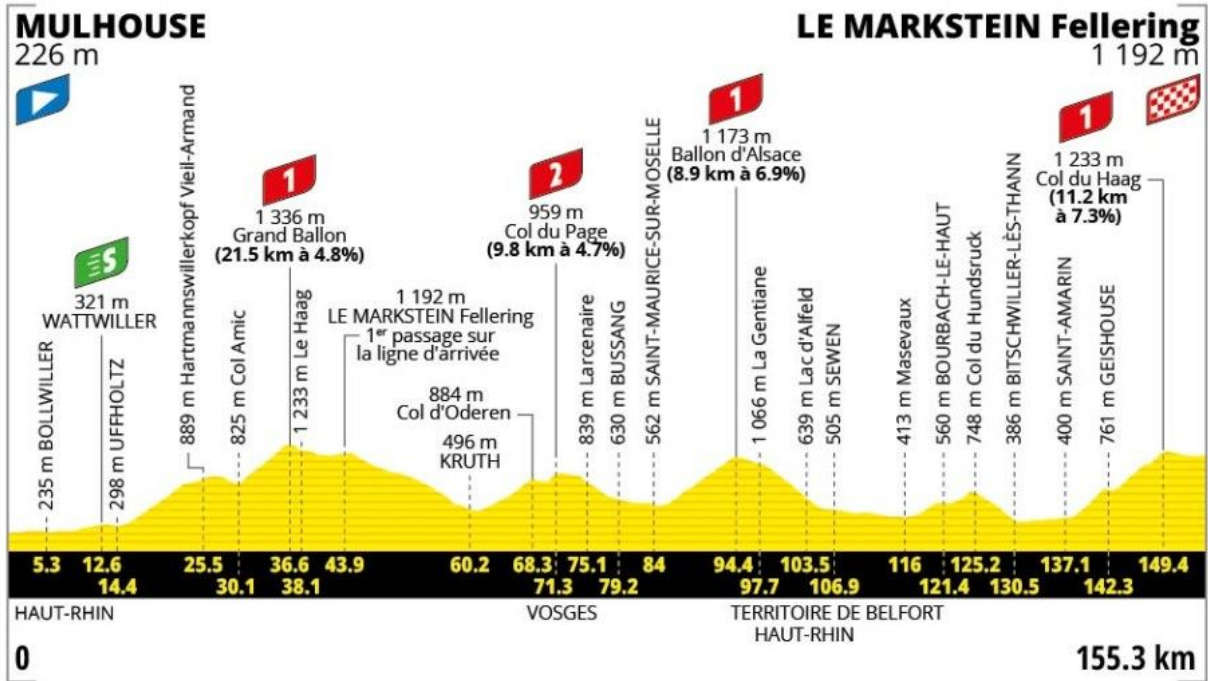
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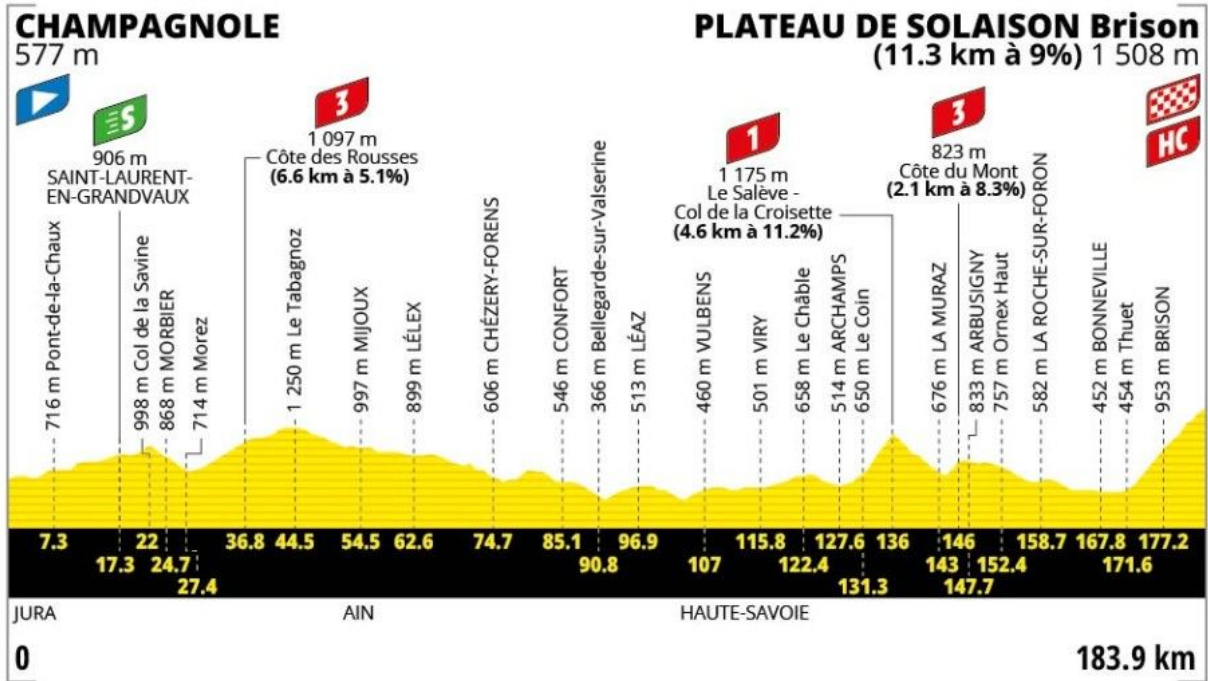
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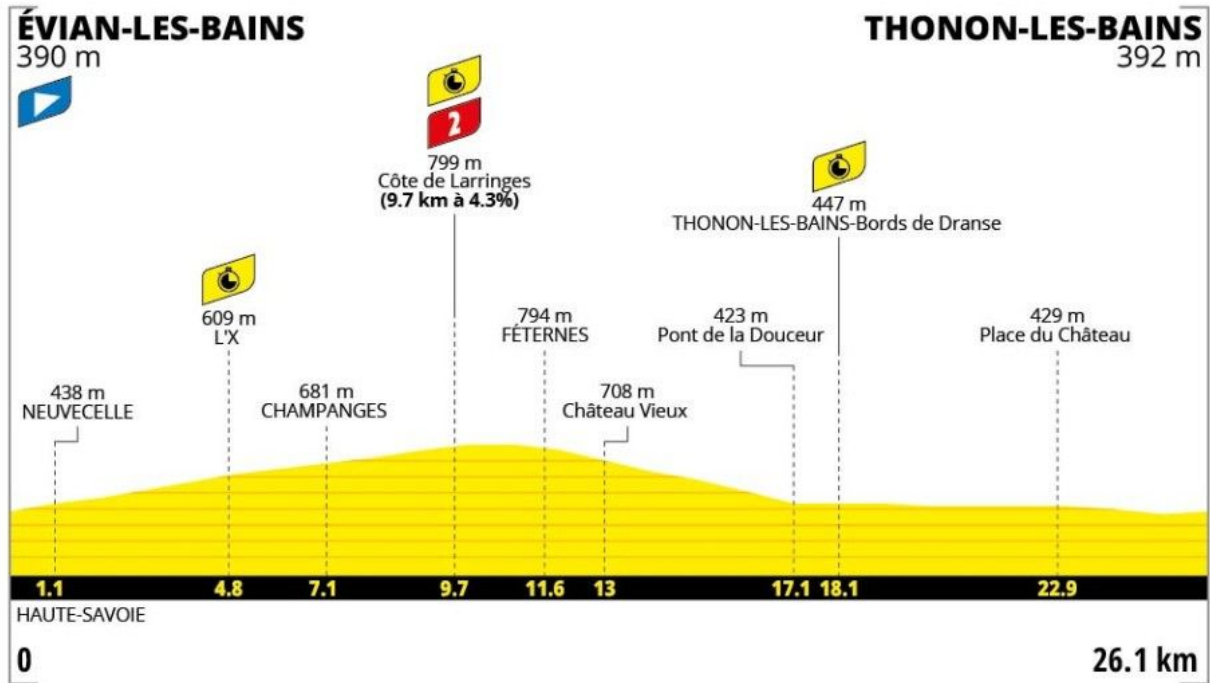
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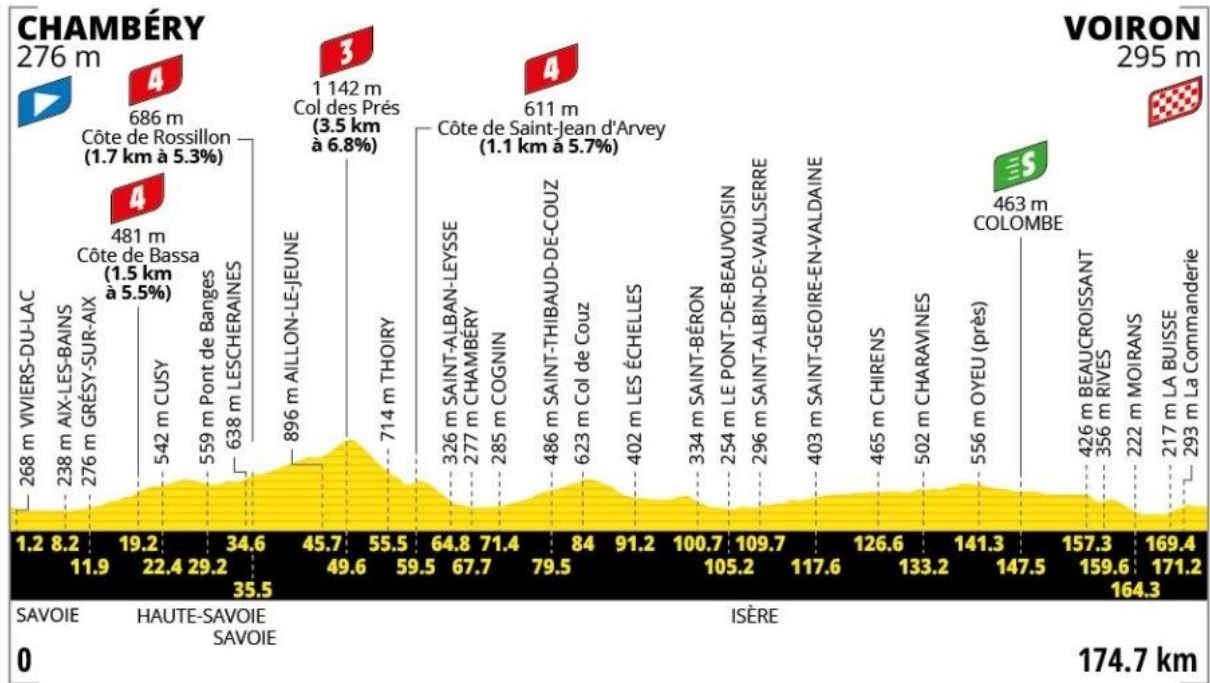
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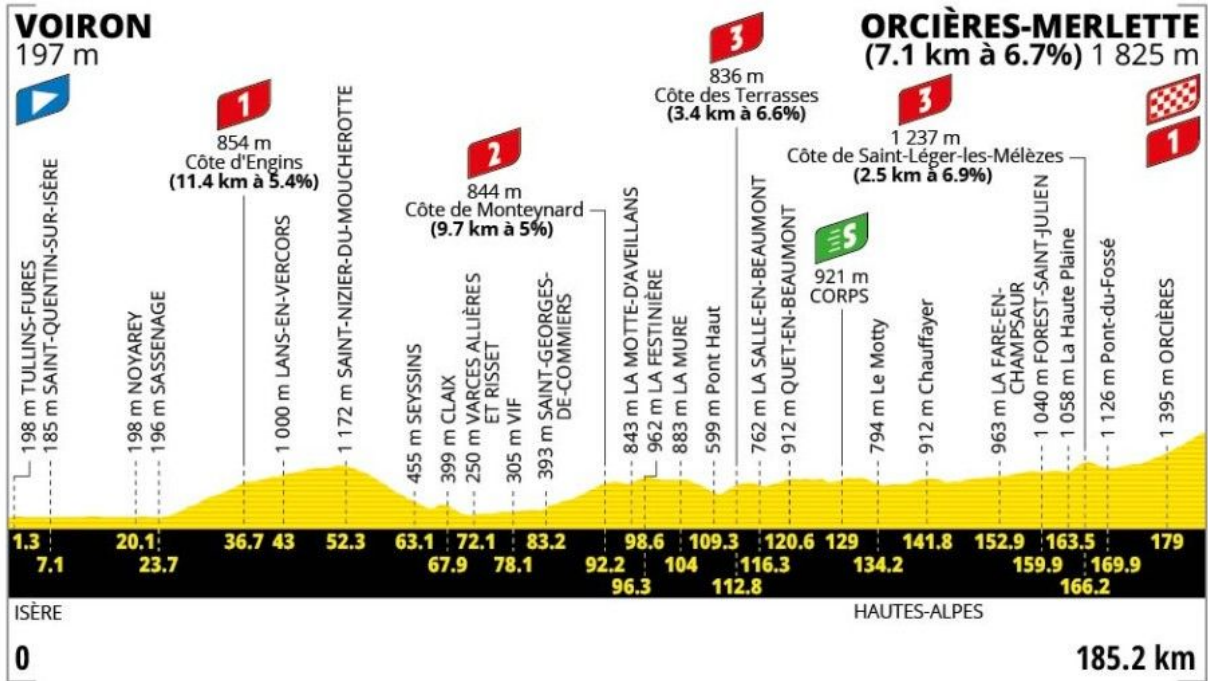
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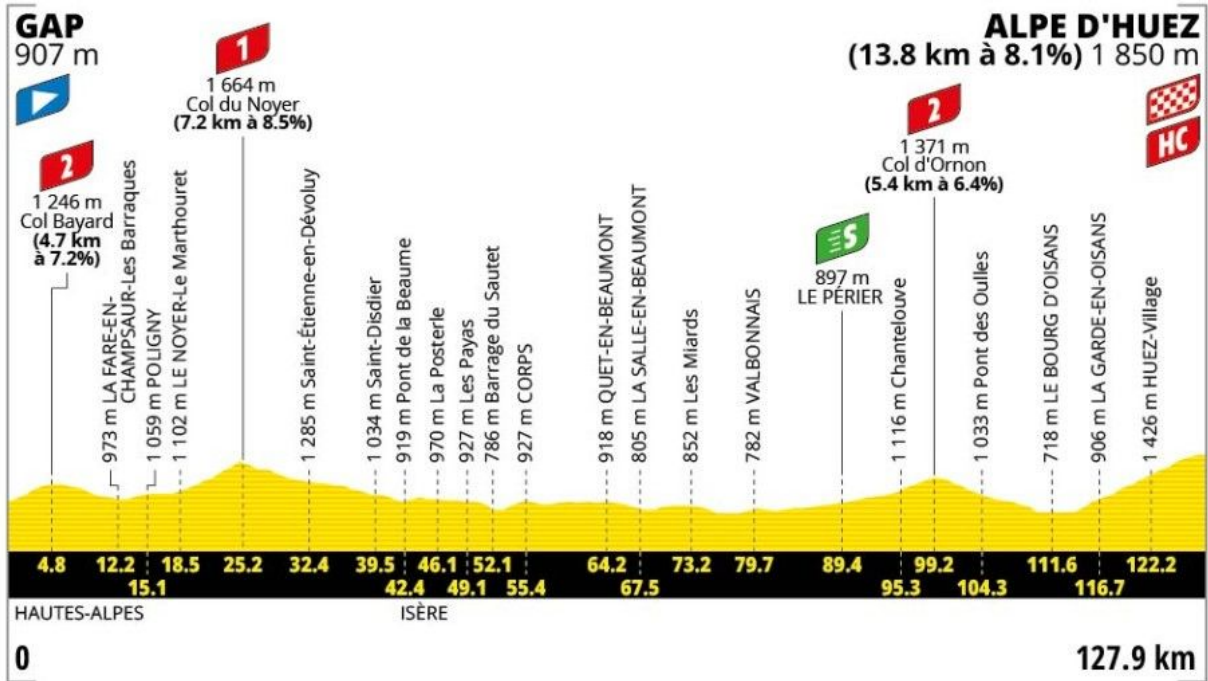
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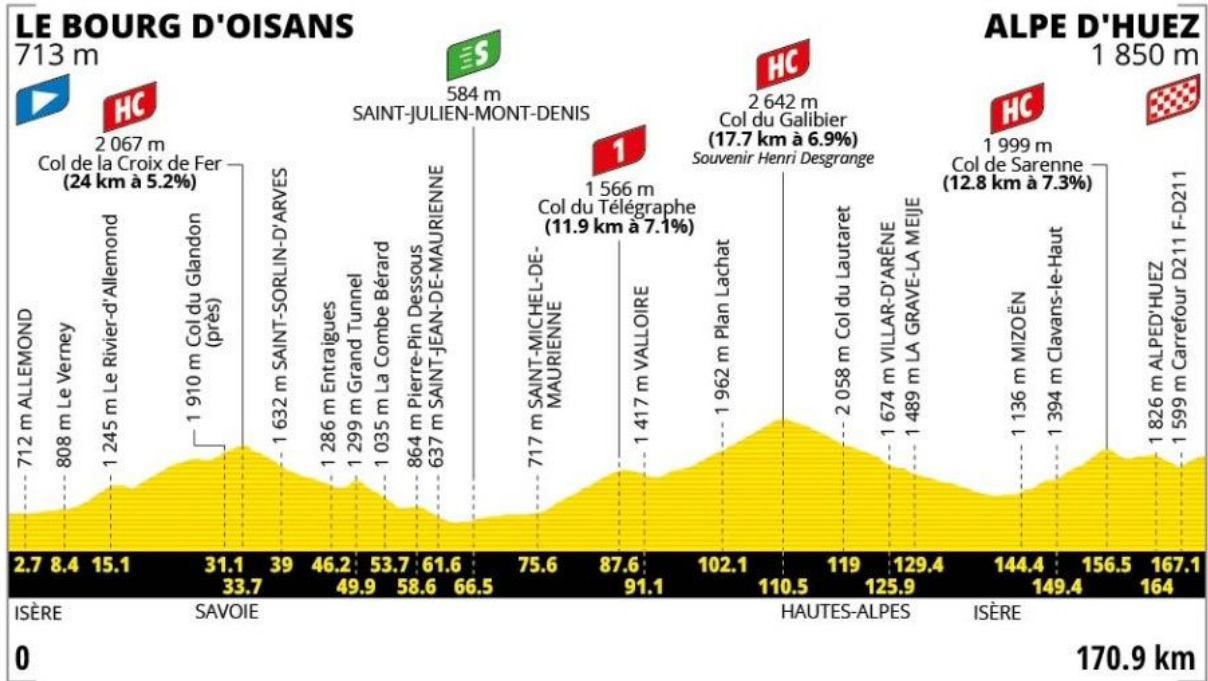
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